

THE LIZ JONES SERIES OF COMMEMORATIVE WALKS



WALK No.1 - Lyme Regis, Uplyme and Ware

A delightful walk encapsulating many of the joys of Lyme Regis and its surrounding area, including River Lim, wooded walks and country views in Uplyme, the magnificent views from Ware Cliffs and the sea front itself with the historic Cobb Harbour. Three short hills and four stiles (all in one short section).

LENGTH OF WALK - 5 miles (allow 2 ¼ to 2 ¾ hours) **DIFFICULTY RATING** -

DIRECTIONS FROM LYME REGIS - No driving; this walk starts and ends in Lyme Regis

OS maps	Explorer 116, Landranger 193
OS Grid reference	OS Grid Reference SY 342 921
Post Code	DT7 3QA
GPS Point	GPS 50.7244 - 2.9329



LOCAL AMENITIES - Pubs and restaurants in Lyme Regis, toilets on sea front. Talbot Arms in Uplyme.

For details of all the walks go to <http://www.lymeregis.org/explore/walks/> and www.lymeregisu3a.org

Walk	Name	Difficulty	Length (Miles)	Description
1	Lyme Regis		5	Delightful walk including River Lym, Uplyme and great views from Ware Cliffs.
2	Charmouth		4.6	Country and village walk, featuring riverside, wildflower meadows and views.
3	Catherston Leweston		4.5	Country walk with sea and country views and walk along the River Char.
4	Rousdon		4.6	Country & village walk including the Peek Estate and the village of Combpyne.
5	Axmouh		5	Walk along the Axe Estuary, through Axmouth and with amazing sea views.
6	Battleford Hall		4.4	A varied country and village walk with good views and bluebells in season.
7	Lamberts Castle		6	Longish walk around Iron Age fort. Stunning views of countryside.
8	Eype & Eype Down		3.4	Varied scenic walk including coast and country views. Bluebells in season.
9	Membury		3.1	Country views and charming village of Membury and hamlet of Rock.
10	Bettiscombe		4	Country walk with outstanding views of Marshwood Vale to the sea.
11	Offwell		4.3	Country views, woodland and interesting buildings. Bluebells in season.
12	Barnes Surges		4.8	Countryside and woodland walk with good views and wild flowers.

The walk is easy; on the level and with few or no stiles.

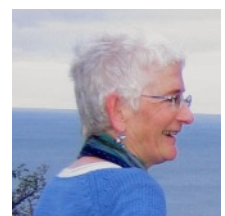
A little more difficult with more stiles and hills.

More demanding -there may be some steep hills and more stiles, but the walk should be easily achieved by anyone in reasonable health who is used to walking 4 or 5 miles.

Unexpected snags? If you come across any unexpected obstructions during your walk, please let us know- we would like to keep the instructions up to date. Please send your comments to: walks@lymeregisu3a.org

Liz Jones loved walking and sourced over seventy circular walks in the area. For several years she and her husband David led the U3A Walking Group and after she died in April 2013 members of this group decided to make some of her walks available to a wider audience as a tribute.

The Group would like to thank David Jones for his leadership and all his support for this project - rewalking each route and checking our efforts. Our thanks also go to Susie Gambie for creating the model for the walk maps, Sue Wilson for her layouts and technical expertise and Maurice Liddiard for coordinating the project



No.1 Lyme Regis, Uplyme and Ware

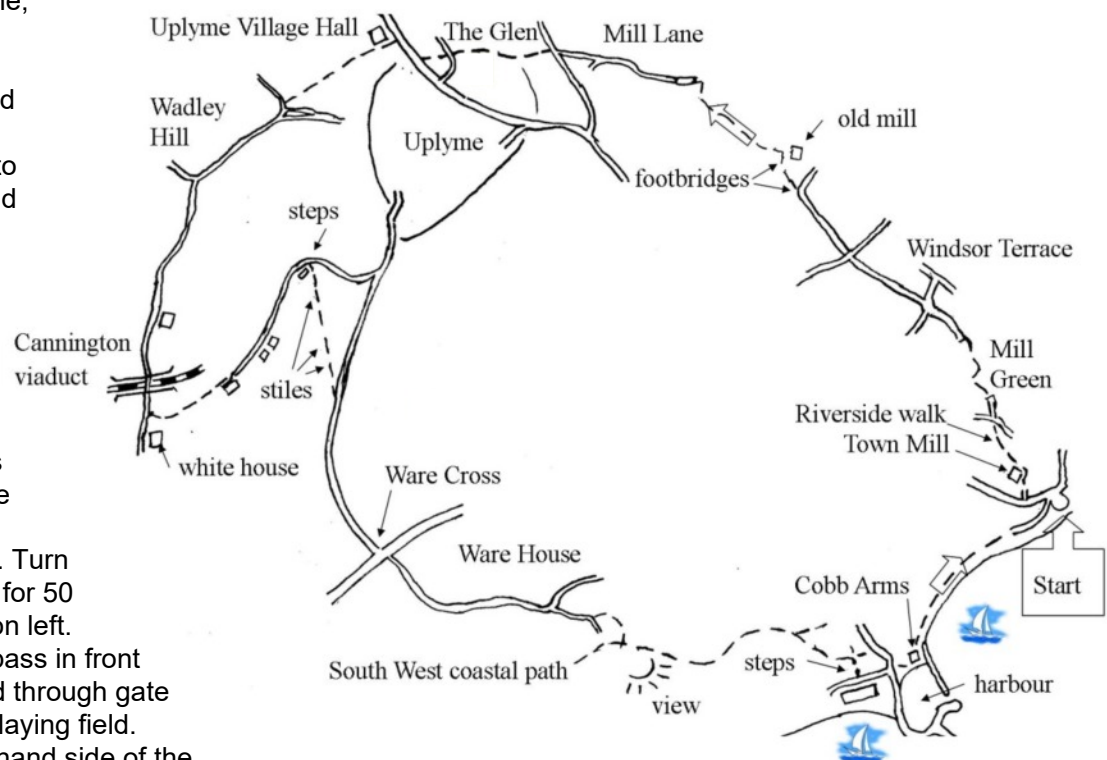
This walk starts from the Cobb Gate short stay car park at the eastern end of Marine Parade. Cross Broad Street between ironmonger and bookshop into Broad Street car park and walk to the far end. Take footpath to Town Mill and Riverside Walk. After footbridge go straight ahead past Town Mill on left and turn left to right of the Town Mill Cheesemonger into narrow pathway leading to Riverside Walk.

At the end of Riverside Walk go straight ahead into Mill Green. Take footpath along left-hand bank of River Lim on right before Jordan Lodge ahead. Go over footbridge and turn left along road (Jericho) straight across into Windsor Terrace, following the River Lim. At crossroads go straight over onto tarmac drive. Where drive turns sharply right take footpath straight ahead. Follow path over footbridge and into field (footpath marker), across field and through gate at end, across footbridge. Turn left passing old mill on right and onto elevated wooded path above River Lim. At end pass Honeysuckle Cottage and follow track which leads into a road (Mill Lane).

At the end of Mill Lane, pass between Brook Cottage (formerly Brookside) on left and Waterside on right before emerging on to a road. Cross this and enter "The Glen" (footpath sign) and follow this wooded path to another road (footpath sign). Cross this (footpath sign) and follow path (Aubrey's Way) to main Uplyme to Lyme Regis road (Talbot Arms on left). Turn right and follow road for 50 yards to village hall on left. Cross the road and pass in front of the village hall and through gate (footpath sign) into playing field. Keeping to the right-hand side of the field, cross the bridge and go through gate ahead (signed East Devon Way). Follow path up and over the field and through the gate in the right-hand corner to a road. Turn left (footpath marker) go straight over crossroads (Wadley Hill), soon veering right to join a country road entering from the left.

Follow this road past Holcombe Granary on the right, under railway viaduct and turn left through a gate on the left (bridleway sign) just before a white house. Cross the field ahead towards a house. Go through the gate (bridleway markers) and along path beside the house into road ahead. Follow this road for about quarter of a mile and just past two cottages on the right you will see a footpath sign and steps leading into woods on the right. Go up the steps and follow the path steeply up hill over a stile. Follow path along left-hand hedge to stile on left. Cross this and next stile and follow path over a fourth and last stile on to a road.

Turn right to Ware Cross. Go straight over and follow road past Ware Barn, ignoring the gate and drive on right, continue to follow road downhill and when road turns sharply left, turn right, marked Private Drive (it is also a footpath). Follow track to sign for link to Coast Path on left (Crow's Nest). Take this path and at T junction turn left along coast path and through gate to National Trust sign for Ware Cliffs. Take path to the right and at cross paths take one to the right marked Lyme Regis The Cobb ½. .



Follow this path to a gate in right-hand hedge (Not straight ahead) marked The Cobb ¼. Go through gate and down the stepped path to the Monmouth Beach car park.

Turn left past Bowling Club and follow the road to the right of the Cobb Arms and along the sea front to Cobb Gate car park.