

THE LIZ JONES SERIES OF COMMEMORATIVE WALKS



www.lymeregisu3a.org

WALK No. 8 - Eype and Eype Down

This is a varied and scenic walk including sea and country with good views, some woodland and the possibility of refreshments both during and at the end of the walk. One quite steep hill through the woodland, a couple of more gentle rises. The woodland and Eype Down have the bonus of a spectacular show of bluebells in the spring.

LENGTH OF WALK - 3.4 miles (Allow 2 ¼ to 2 ¾ hours plus time on the beach.)

DIFFICULTY RATING -

DIRECTIONS FROM LYME REGIS - From Lyme Regis take the Charmouth road to roundabout and take 3rd exit (signed Dorchester). Go through Morecombelake and Chideock and shortly after the 1st turning on the left to Bridport take the right turn marked Eype and immediately turn left and into the car park.

OS maps	Explorer 116, Landranger 193
OS Grid reference	OS Grid Reference SY 452 923
Post Code	EX6 6AS
GPS Point	GPS 50.7274 - 2.7785



LOCAL AMENITIES - There are pubs at Seatown, Symondsburly and Eype. Plenty of shops, cafes and pubs in Bridport.

For details of all the walks go to <http://www.lymeregis.org/explore/walks/> and www.lymeregisu3a.org

Walk	Name	Difficulty	Length (Miles)	Description
1	Lyme Regis		5	Delightful walk including River Lym, Uplyme and great views from Ware Cliffs.
2	Charmouth		4.6	Country and village walk, featuring riverside, wildflower meadows and views.
3	Catherston Leweston		4.5	Country walk with sea and country views and walk along the River Char.
4	Rousdon		4.6	Country & village walk including the Peek Estate and the village of Combyne.
5	Axmouath		5	Walk along the Axe Estuary, through Axmouth and with amazing sea views.
6	Battleford Hall		4.4	A varied country and village walk with good views and bluebells in season.
7	Lamberts Castle		6	Longish walk around Iron Age fort. Stunning views of countryside.
8	Eype & Eype Down		3.4	Varied scenic walk including coast and country views. Bluebells in season.
9	Membury		3.1	Country views and charming village of Membury and hamlet of Rock.
10	Bettiscombe		4	Country walk with outstanding views of Marshwood Vale to the sea.
11	Offwell		4.3	Country views, woodland and interesting buildings. Bluebells in season.
12	Barnes Surges		4.8	Countryside and woodland walk with good views and wild flowers.

The walk is easy; on the level and with few or no stiles.

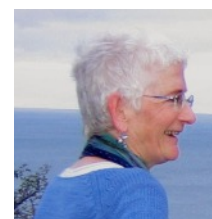
A little more difficult with more stiles and hills.

More demanding -there may be some steep hills and more stiles, but the walk should be easily achieved by anyone in reasonable health who is used to walking 4 or 5 miles.

Unexpected snags? If you come across any unexpected obstructions during your walk, please let us know- we would like to keep the instructions up to date. Please send your comments to: walks@lymeregisu3a.org

Liz Jones loved walking and sourced over seventy circular walks in the area. For several years she and her husband David led the U3A Walking Group and after she died in April 2013 members of this group decided to make some of her walks available to a wider audience as a tribute.

The Group would like to thank David Jones for his leadership and all his support for this project - rewalking each route and checking our efforts. Our thanks also go to Susie Gambie for creating the model for the walk maps, Sue Wilson for her layouts and technical expertise and Maurice Liddiard for coordinating the project



No. 8 Eype and Eype Down.

Walk back to the entrance and turn left along road. Follow road round to the left and just past the sign "Lower Eype to the beach", climb steps on the right and into a field (footpath sign).

Follow the right-hand hedge, with the cross on the top of church visible ahead, over a stile in the corner of the field. Take the road straight ahead (signed Eype) uphill past St.Peters Church (now an arts centre). Just past the church go over a stile on the left and follow the path. At the end of the path turn right and follow road 50 yards downhill before turning left at the Parish Council noticeboard (footpath sign).

Follow the path to the left of the white house ahead and when you emerge on to a road, turn right and after about 40 yards take the holiday park permissive footpath to beach on the left (signed). Follow this path down steps on right and over bridge on to beach.

Leaving the beach, climb the steps on your left and follow path until you meet a road. Go straight ahead passing Eype House Tea Gardens on left. When the road turns right at the bottom of the hill, turn left into track to the left of house (follow National Trust sign to Down House Farm). At end of the track go over stile and take the footpath slightly right up field through a gate and straight ahead through another gate. Cross the next field aiming slightly to the right of the large stone house at the edge of woods ahead, through another gate and follow path to gate and stile in left-hand corner of field ahead. Go through and turn left.

Pass, or stop at, Down House Farm Cafe on right. If not stopping, carry on up the track ahead and take the 1st turning on right (signed Eype Down) and immediately turn left towards a gate ahead. Just before the gate turn right up steps and into woods to a gate with good view.

Follow path uphill from gate, past a footpath marker and just past the top of the hill take path to left. Follow this path and fork left and shortly fork right and keep right on the now wider path.

Keep following this wide path around the side of the hill, down and round a left-hand bend and then round to the right, follow down keeping to right towards the A35. Just before the road, turn right on to a country lane, with Eype Down to the right.

Follow this road, ignoring any side turns for 20/25 minutes until you arrive at a T junction. Turn left here and go 100 yards back to the car park on the right, where you can usually get food and drink from the kiosk at the centre (toilets also available here).

